

# Grand Avenue School Survival Strategies for Pandemic Parenting!



## *A Parent Webinar Presented By:*

*Juanita Bryant-Bell, Principal*

*Chineeka Davis, Assistant Principal*

*Nadine Patterson LCSW-R, School Social Worker*

*Cerise Little, School Counselor*

*Dr. Eric Taber, School Psychologist*

*May 28th 2020 6:30pm*

# Building Resources

**Dr. Eric Taber** - *School Psychologist*

(516) 918-2133

[etaber@uniondaleschools.org](mailto:etaber@uniondaleschools.org)

**Nadine Patterson LCSW-R** - *School Social Worker*

(516) 918-2142

[npatterson@uniondaleschools.org](mailto:npatterson@uniondaleschools.org)

**Cerise Little** - *School Counselor*

(516) 918 -2160

[clitte1@uniondaleschools.org](mailto:clitte1@uniondaleschools.org)



# Additional Resources

[https://drive.google.com/open?id=18n9oUI\\_0u5TgitQwLsfviN\\_cAz8-G2v0IMusrTAuQv8&authuser=0](https://drive.google.com/open?id=18n9oUI_0u5TgitQwLsfviN_cAz8-G2v0IMusrTAuQv8&authuser=0)

<https://www.youtube.com/watch?v=xlg052EKMtk>

<https://sites.google.com/uniondaleschools.org/uniondalesocialworkers/home>

<https://www.counselorkeri.com/worrywarriors/>

<https://www.nhlbi.nih.gov/health/educational/wecan/downloads/reduce-screen-time.pdf>

<https://letsmove.obamawhitehouse.archives.gov/reduce-screen-time-and-get-active>

## **NOT Everything is Cancelled...**



**Sun** is not cancelled,



**Spring** is not cancelled,



**Friendships** are not cancelled,



**Love** is not cancelled,



**Reading** is not cancelled,



**Teaching** is not cancelled,



**Learning** is not cancelled,



**Music** is not cancelled,



**Imagination** is not cancelled,



**Kindness** is not cancelled,



**Hope** is not cancelled,

and being G.R.A.N.D  
is definitely NOT cancelled!!!